



Age-Friendly Teaneck News & Updates

As Teaneck works to create a more age-friendly environment for its residents, we'll keep you posted about new developments, important programs and events of interest

VISIT OUR WEBSITE

Opportunities to Apply for Affordable Housing in North Jersey



Waiting lists for affordable housing units in Bergen County and Newark have opened up for new applications.

Don't delay. In Bergen County, there is only a five-day window to apply, from Jan. 14 to Jan. 18.

For more details click [Here](#).

Age-Friendly Teaneck Needs More People in the Conversation

Age-Friendly Teaneck has sparked a lot of conversations. About housing, transportation, health, quality of life and ultimately about this essential question: *How do we make sure the Township is a place where people can live at all ages and stages of life in safety, comfort and dignity?*

To raise the profile of our age-friendly mission, we need more voices to join in these conversations. We're recruiting age-friendly ambassadors and asking everyone involved to think of ways they can help spread the message.



Ambassador

Click [Here](#) to Find Out How You Can Help

Plan Ahead: Senior Health and Resource Fair on April 10

Age-Friendly Teaneck will partner once again with Holy



Name Medical Center and Teaneck Township to sponsor a Senior Health and Resource Fair at the Richard Rodda Center. Holy Name staff will be providing medical screenings while representatives from social service and community agencies will be available to explain the resources they offer.

More details still to come. Email us at info@agefriendlyteaneck.org to join contact list.

AARP Opportunities to Learn and Expand Your Awareness

New Jersey has a new sick leave law as well as a decade-old family leave law. AARP New Jersey has created a new website to keep caregivers and others informed about these laws and how to access these benefits when needed.

Click [Here](#) to visit this new Caregiver Connection page.

On-line Career Networking Expo January 24, 1:00-4:00 pm



Driver Safety Courses in Bergen January and February dates



AARP
Real Possibilities

Here are Some Community Events to Mark on Your Calendar

(click on any of the below pictures to view the flyers larger)





The Teaneck Community Chorus Proudly Presents: Teaneck Teen Idol 2019

• Featuring: Dallas Jennette, 2018 Teaneck Teen Idol •
• And introducing pianist, Caclan Cardello •

Saturday • January 19, 2019 • 8 PM
Teaneck High School • 100 Elizabeth Avenue

Talented Teaneck teenage singers will wow you with their performances!
Like the original "American Idol," you'll get a chance to vote for the winner.



Steven Bell,
Artistic Director

Steven Bell, Artistic Director
Presents



TCC@20 Celebrating the Ones We Love!

Favorite songs from 20 years of inspiration

With Special Guest:

Dallas Jennette

2018 Teaneck Teen Idol

And also with

Teaneck High School

Madrigals and

Concert Choir



Teaneck High School • 3:00 pm • Sunday • January 27, 2019

Tickets may be purchased online at: www.teaneckcommunitychorus.org

Government and Non-Profits Try to Make Help Easier to Find



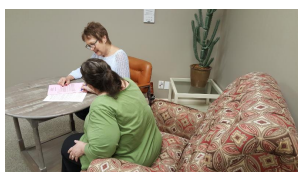
The Teaneck Department of Health and Human Services relocated its social services offices to the Richard Rodda Center. Through a partnership Age-Friendly Teaneck helped arrange, this office is being staffed by a Master of Social Work candidate to help refer residents to assistance.

[Read more](#)



The NJ Division of Aging Services has launched NJSave, a new online application to help older and disabled residents with low-incomes save money on Medicare premiums, prescription costs, and other living expenses.

[Read More](#)



Geriatric Care Managers Can Help Steer Through Elder Care Maze

Click [Here](#) To Learn More

Having second thoughts about your Medicare decision? You may still be able to make a change to 2019 coverage.

The New Year brings some Medicare enrollment rule changes that allow beneficiaries more time to make a change if they want to switch Medicare Advantage plans or return to traditional Medicare.

Click [Here](#) to Learn More

Need Personalized Help?

Bergen County's SHIP counselors can be reached at 201-336-7413



SHIPs answer questions about insurance options and help navigate between confusing choices

***A great place to grow up
and grow old!***

Be sure to visit our website and keep up-to-date on free or low-cost local events.

LOCAL EVENTS

Age-Friendly Teaneck | 201-530-6756 | www.agefriendlyteaneck.org

STAY CONNECTED

