



## Age-Friendly Teaneck News & Updates

As Teaneck works to create a more age-friendly environment for its residents, we'll keep you posted about new developments, important programs and events of interest

VISIT OUR WEBSITE

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### Age-Friendly Teaneck Interns to be Honored By School Board

Age-Friendly Teaneck's four Geriatric Careers Exploration summer interns will be honored by the Teaneck Board of Education at a meeting to be held at 7 p.m., Sept. 18. We are thrilled that their enthusiasm and dedication is being acknowledged, and thank school officials for their support of this valuable program.



To learn more and watch a video of their experiences, [click here](#)

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### Age-Friendly Teaneck Leader Named Woman of the Year



Courtesy ©Ray Turkin Photography

Age-Friendly Teaneck Project Coordinator Jackie Kates was named 2019 Woman of the Year by the Teaneck Chamber of Commerce at a September 5th awards ceremony. Chamber leaders lauded Kates' many years of service as mayor, councilwoman and school board member, as well as her advocacy on behalf of Teaneck's older adults. To the left is Kates receiving her award from Teaneck Chamber of Commerce Vice President Jennifer Glass and President Larry Bauer.

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### Teaneck Wins AARP Grant to Improve Pedestrian Crossings

A year after Teaneck's leaders voted to join a global alliance of age-friendly communities, the Township's commitment to a more livable environment for older adults is paying off. Teaneck was recently notified it will receive a \$10,000 grant through the AARP's nationwide Community Challenge competition. The money will be used to increase connectivity among township sponsored activities by improving the safety conditions of Teaneck's pedestrian walkway network. [Read More](#)



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## Transportation Spotlight: Older Adults Need More Ride Options

### Non-Profit Ride Service Looking for Teaneck Drivers to Volunteer



ITN North Jersey is a four-year-old program that relies on volunteers to drive older adults and those with visual impairments to the places they need – or want – to go.

The non-profit doesn't restrict destinations to more urgent needs such as health appointments, instead offering rides to and from a wide variety of destinations – a hair salon, a movie theater, a friend's house or their house of worship. The program's operators would like to begin offering service to Teaneck residents but desperately needs more Township residents to agree to serve as volunteer drivers.

To volunteer help your non-driving neighbors, [click here](#)

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## Take a look at some newer transportation options in Bergen County

### Ryde4Life, for those without a smart phone

This E-Z Ride program allows older adults to book Lyft and Uber rides with a phone call instead of an app. Rides are provided in real time with no advance reservations. There is a \$2.50 fee on top of the fare, but discounts are available to some eligible older adults.

Call: (866) 208-1307, option 4  
[ezride.org/transportation/senior-transportation](http://ezride.org/transportation/senior-transportation)

### NJ TIP @ Rutgers demystifies public transit

For older adults who are unfamiliar with bus and train routes, the NJ Travel Independence Program offers a Bergen County guide and one-on-one travel instruction by riding on the bus or train with the customer until the customer is ready to travel independently.

Call: (848) 932-2831  
[njtip.rutgers.edu](http://njtip.rutgers.edu)

## Have a Question for the Governor? Here's Your Chance



## MARK YOUR CALENDARS!

### Town Hall

with Governor Phil Murphy

Teaneck High School

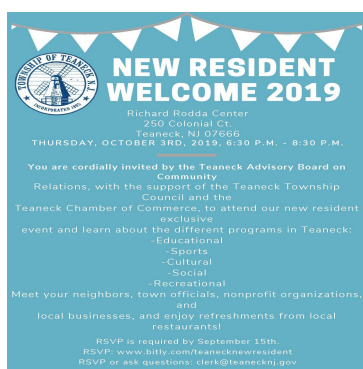
7:00 p.m.

Wednesday, September 25

(Doors Open 6:15 p.m)

[Click here](#) to view flyer

## News from Around the Township ...



**Spread the Word!**

***New Resident Welcome Event***

**Oct. 3, 6:30 p.m.**



**Teaneck International Film Festival  
Tickets Go on Sale October 14**

For Schedule and Details, [click here](#)

## Medicare Open Enrollment is Coming Up!



The annual Medicare Open Enrollment period begins on October 15 and continues until December 7 for coverage starting 2020. During the annual enrollment period (AEP), you can make changes to various aspects of your coverage, including drug plans.

[Click here](#) to learn more about AEP.

SHIPs answer questions about insurance options and help navigate between confusing choices.

### Need Personalized Help?

Bergen County's SHIP counselors can be reached at 201-336-7413

***A great place to grow up  
and grow old!***

Be sure to visit our website  
and keep up-to-date on free  
or low-cost local events.

LOCAL EVENTS

Age-Friendly Teaneck | 201-530-6756 | [www.agefriendlyteaneck.org](http://www.agefriendlyteaneck.org)

STAY CONNECTED

