

August 2022



Age-Friendly Teaneck News & Updates

As Teaneck works to create a more age-friendly environment for residents, we'll keep you posted about new developments programs and events.

VISIT OUR WEBSITE

Only a Week Left to Reach Our Goal!

**Help Us Qualify for Matching Funds in our Crowdfunding Effort
Let's Build Change. Together.**

Age-Friendly Teaneck works to stamp out ageism, promote inter-generational bonds and help older adults overcome the housing, transportation and social support barriers they face - challenges that affect people of all ages. **But We Need Your Support by Aug. 12 deadline to Keep Our Work Going**

CLICK HERE TO
DONATE

Please also help us "Crowdfund" by sharing this
Flyer with your friends and neighbors

(click image on right)

Small Donations Can Bring Big Dividends if we
Reach Our Goal

a community thrives®
PART OF THE USA TODAY NETWORK



**HELP US MAKE LIFE BETTER FOR
TEANECK'S OLDER ADULTS**

Fundraising Campaign

Age-Friendly Teaneck works to stamp out ageism, promote intergenerational bonds, and help older adults overcome housing, transportation, and social support barriers – challenges that affect people of all ages

Contributions made to our Mighty Cause fundraising campaign before Aug 12 can help us earn matching funds from USA TODAY's A Community Thrives

PLEASE DONATE NOW

We need your support to achieve new goals – launching a Housing Information Forum series and developing programs for a new community center opening in 2024



A Snapshot of Some of Our Work

Paid summer internship program for Teaneck high school students to explore careers in aging and interact with older adults

Opening New Digital Doors, a technology teaching program through televised videos and 1-on-1 tutorials with high school volunteers

A "walkability" study that led to pedestrian crossing improvements

Info guides, newsletters and resource-education

Ongoing partnerships with key Teaneck agencies and provider organizations to identify and assist older adults in need of resources

Scan phone here



<https://communitythrives.mightycause.com/story/agefriendlyteaneck>

National Financial Awareness Day is in August

Join our back-to-back workshop session to observe National Financial Awareness Day. In one day, you can learn about different ways to address financial security. M&T Bank is presenting a Money Mentor Workshop and Robert J. Romano, Jr. Esq., will present about elder law topics, including power of attorney, advance directives, Medicare/Medicaid, and more!



Wednesday, August 17th

Flyer and details will be found [here](#)

Our Interns "Graduate" and Give Powerful Presentations



Our four Age-Friendly Teaneck interns delivered moving presentations at their Aug. 1 graduation ceremony, touching on important topics - the unaffordability of long-term-care, the importance of preventing social isolation, the harm of ageist stereotypes and the need to respect the lives and autonomy of individuals suffering from dementia. **We wish the brightest futures to Ahmad, Kassidy, Kaydence, and Sanaya!**



Thanks to Township of Teaneck Deputy Manager Tom Rowe for presenting them with additional certificates and to Teaneck Public Schools Supt. Barbara Pinsak, Asst. Supt. Kim Buxenbaum, Asst Principal Margot Todman-Mack for coming to cheer them on, along with Nick Campestre and Yvonne Witter of The FORUM at Teaneck High School

Teaneck National Night Out Celebrated Resources in our Town



We were happy to be join in all the conversations and information exchanges with all the great organizations serving Teaneck

Thanks to Teaneck Police Department for Organizing this Fun and Informative Event

Looking for Help? Reach out to Teaneck's Social Worker

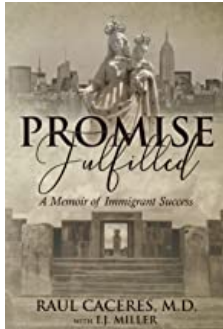
Alex Cerbone, MSW, LSW
Phone: 201-837-1600, ext.1503
Fax: 201-837-5948
Email Social Services
www.teanecknj.gov/social-services



Office Hours:
Monday - Friday, 8 am to 4 pm
Office Location:
Teaneck Township Municipal
Building-South Entrance
Health Dept-1st Floor

On Wednesdays, he is located on the Upper Level of the Rodda Center in the Medical Outreach offices of the Senior Center for easier accessibility.

Local Doctor to Speak about Medical Mission to Ukraine



Dr. Raul Caceres will speak about a recent medical mission to the Ukraine border to help children with burn and trauma injuries and about the Tiwanaku Project, a similar effort in Caceres' native Bolivia. Caceres will also discuss his memoir, *A Promise Fulfilled*, proceeds of which support these efforts.

Sunday, Aug. 21

2 pm

Teaneck Public Library Auditorium

840 Teaneck Road

Sponsors: Teaneck Rotary Club, Public Library and Chamber of Commerce

Looking for Social Connections? Some Dates to Put on Calendar

Bergen County LGBTQ+ Alliance

Monthly Senior Event

In Person on the Second Tuesday of every month
6/14, 7/12, 8/9, 9/13, 10/11, 11/14, 12/13.
11/14 alternative date to avoid Election Day

Time: 11:30AM
Place: Rutherford Pancake House
40 Park Ave. Rutherford, NJ, 07070
Note: Metered Parking

Creating a space for 60+ LGBTQ+ Seniors to come together to Meet, Greet, and Eat

And online via Zoom every Third Friday of every month
6/17, 7/15, 8/19, 9/16, 10/21, 11/18, 12/16.

Time: 11:30AM
Zoom link available on request -
Please contact email provided below

For More Information contact us at:
Email: nick@bergencountylgbtq.org
Phone: 201-470-8946
Website: www.bergencountylgbtq.org/

Partially funded by Bergen County Senior Services

Bergen County LGBTQ+ Alliance

Meets in person on the 2nd Tuesday and
virtually on the 3rd Friday
of Every Month

More Info:

Email: nick@bergencountylgbtq.org

Phone: 201-470-8946

Web: www.bergencountylgbtq.org/

Click Flyer for More Details

Bergen County Senior Festival

This annual event that used to be a picnic
is now a festival

Tues., Sept. 13

10 am to 3 pm

(Raindate is Sept. 20)

Click Flyer for More Details

BERGEN NEW JERSEY
County

Bergen County Executive
James J. Tedesco, III
and the
Bergen County Board of Commissioners
Cordially invite you to

DEPARTMENT OF HUMAN SERVICES
DIVISION OF SENIOR SERVICES/ADRC
ANNUAL
Senior Citizens
Festival

Tuesday
September 13, 2022
Rain Date: Tuesday, September 20, 2022
10:00am - 2:00pm
VAN SAUN COUNTY PARK, PARAMUS

If you are 60+ years old,
please join us for a special day including:

- Lunch • Craft Fair • Zoo
- Music & Entertainment
- Information Tables & much more

If you have special needs, please call at least
two weeks in advance to request accommodations.

For more information, please call Senior Services at 201-336-7414.

James J. Tedesco, III
Bergen County Executive

Bergen County Board of Commissioners
Tracy Silva Zup, Chairwoman • Thomas J. Scavone, Vice Chairman • Dr. Joan M. Vitti, Chair Pro Tempore
Mary J. Amoruso • Karen Hodge, Sr. • Catherine M. D'Amico • Steven A. Tardi

Age-Friendly Teaneck is Proud to Be a Member of ...



Age-Friendly North Jersey

AN ALLIANCE OF LEADERS STRENGTHENING COMMUNITIES FOR ALL AGES

Check out the alliance's [blog](#) about age-friendly issues in NJ

***A great place to grow up
and grow old!***

Be sure to visit our website
and keep up-to-date on local
news related to aging.

LEARN MORE

Age-Friendly Teaneck | 201-530-6756 | www.agefriendlyteaneck.org

STAY CONNECTED

