

Age-Friendly Teaneck News & Updates

As Teaneck works to create a more age-friendly environment for residents, we'll keep you posted about new developments programs and events.

VISIT OUR WEBSITE

Work beginning on new senior building, community center



The Bright Side Family and its partners hosted a Nov. 2 groundbreaking ceremony for a project to build a new affordable senior apartment building and community center in Northeast Teaneck. In her remarks, our Executive Director Elizabeth Davis said, "I believe every community in Bergen County has an obligation to promote and support the development of affordable housing." Read More

Greek Night Fundraiser for The Bright Side Family

An evening of authentic Greek cuisine, music, drinks, prizes and more!

Thursday, Nov. 17 6 to 9 pm

Click flyer for more details Click here to purchase tickets



This year, we're using
#GivingTuesday to raise money to
continue providing CARE WITHOUT
CONDITIONS. The Bright Side Family's
innovative services fare completely
unique in our community, and we
cannot fulfill our mission without
partners like you. Click on the video to
watch and learn more



Age-Friendly Teaneck Wins Gannett Foundation Matching Grant



a community thrives



Thank you once again to all the individuals, organizations and business that contributed to our summer crowdfunding campaign. Your support paid dividends!

We once again secured a \$5000 local operating matching grant from the Gannett Foundation's **A Community Thrives** program as part of the USA TODAY NETWORK to support community-building initiatives across the country.

AFT Leader Participated Inclusive Communities Project

New Jersey's Inclusive Healthy Communities Grant

program seeks to promote the well-being of individuals with disabilities. Age-Friendly Teaneck Project Advisor served as a focus group participant in a pilot program to create a <u>Toolkit for Municipalities</u> to



use as a guide for how to better integrate people with disabilities into all aspects of community life. **Read More**

Homeowners and Tenants, ANCHOR Applications Due Soon!



Applications for the new ANCHOR program (Affordable New Jersey Communities for Home Owners and Renters) are *due Dec. 30*.

More info: Visit: <u>nj.gov/treasury/taxation/anchor</u>
ANCHOR Hotline: 1-888-238-1233, press 4

Medicare Enrollment Ends Dec. 7. Need help picking a plan?

The Bergen County State Health Insurance Assistance Program (SHIP) provides free help to Medicare beneficiaries who have problems with or questions about their health insurance.

Counselors can help you understand benefits, compare plans and policies, and untangle claims problems.



Make an appointment by calling 201-336-7413

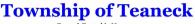
Teaneck International Film Festival - Nov. 13 to 20



TeaneckFilmFestival.org

Click <u>here</u> for a schedule

Click here to see for video trailer of films



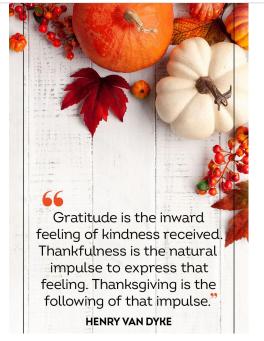


Friday, November 11, 2022 11:00 a.m.

Municipal Green 318 Teaneck Road eaneck, NJ 07666



Thank you to our American heroes for serving our country. We're grateful for your dedication and service. Join the Township today, Nov. 11 at 11am



May all the good things in life be yours, not only at Thanksgiving but throughout the year. We wish that your year be filled with peace, love, and joy.

It's flu season, have you had your flu vaccine yet?

The CDC recommends a yearly flu vaccine. Need help finding where to get yours? **Medicare.gov** has a vaccine finder tool. Just enter your zip code after clicking **here**.



Looking for Help? Reach out to Teaneck's Social Worker

Alex Cerbone, MSW, LSW Phone: 201-837-1600, ext.1503 Fax: 201-837-5948 **Email Social Services**

www.teanecknj.gov/socialservices



Office Hours:

Monday - Friday, 8 am to 4 pm Office Location:

Teaneck Township Municipal **Building-South Entrance** Health Dept-1st Floor

On Wednesdays, he is located on the Upper Level of the Rodda Center in the Medical Outreach offices of the Senior Center for easier accessibility.

Honoring Family Caregivers



November is National Family Caregivers Month. Families are often the primary source of support for older adults and people with disabilities. This year especially, NCOA reflects on the fact that caring for older adults often requires around-theclock dedication. Click here to learn more about

celebrating, recognizing, and honoring them.

Age-Friendly Teaneck is Proud to Be a Member of ...



Check out the alliance's blog about age-friendly issues in NJ

A great place to grow up and grow old!

Be sure to visit our website and keep up-to-date on local news related to aging.

LEARN MORE

Age-Friendly Teaneck | 201-530-6756 | www.agefriendlyteaneck.org

STAY CONNECTED



