

Age-Friendly Teaneck News & Updates

VISIT OUR WEBSITE

Information Forums on New Senior Housing Building in Teaneck

Age-Friendly Teaneck is hosting several informational sessions for residents over age 62 interested in applying for apartments in the soon-to-open affordable senior building at 1425 Teaneck Road.

Clicks on the dates listed below for details and RSVP instructions

Nov. 20, 1-2:30 pm. Rodda Center Nov. 28, 4-6 pm Teaneck Library Dec. 6, 10-10:45 am, Zoom Dec. 8, 10 to 11 am, Teaneck Library

Please help spread the word so this info reaches as many Teaneck audiences as possible. Questions? Email them to info@agefriendlyteaneck.org

WANT TO KNOW HOW TO APPLY FOR **NEW SENIOR HOUSING IN TEANECK?**

COME TO THIS INFORMATION FORUM

Applications will open soon for the 39 senior-only apartments at 1425 Teaneck Road

Come learn about

- TYPES AND SIZES OF AVAILABLE UNITS
- INCOME ELIGIBILITY
- APPLICATION PROCEDURES
 LOTTERY PROCESS
 HOW TO GET HELP APPLYING
- OTHER HELPFUL HOUSING RESOURCE





Teaneck Public Library Auditorium 840 Teaneck Road

Tuesday, Nov. 28 at 4 - 6 PM

Forum is open to all but advance registration is requested Please call 201-530-6756 or email info@agefriendlyteaneck.org

Mon., Nov. 20, 1 to 2:30pm, at Richard Rodda Center Wed., Dec. 6, 10 to 10:45 am, on Zoom Fri, Dec. 8, 10 to 11 am at Teaneck Public Library



Community Input is Key to Our Advocacy!

Age-Friendly Advisory Board Meets, Focus Group Sessions Held



Oct. 24 advisory board meeting

Our leadership team has been convening focus group meetings for the new Community Begins at Home project and has assembled a new advisory board for Age-Friendly Teaneck.

Interested in sharing your feedback or learning about volunteer roles? **Email Project Coordinator Janice Dorman at** janicedorman@brighsidemanor.org

Teaneck Historical Society's Facebook Page Looks into the Past

Have you heard about the Teaneck Treasure Hunt?



The Teaneck Historical Society has a challenge for you. Go through your file cabinets, attics, basements, etc., in search of Teaneck artifacts and mementoes and email a photo of your treasure to Historical Society Secretary Jay Levin at jaylevin19@gmail.com, who will post it on the Society's newly revived Facebook page.

Check out the treasures already shared:

@teaneckhistoricalsociety

Teaneck Community Filled with Thanksgiving Spirit



Food donations requested thru Nov.18. Click flyer for details and locations

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Click form for registration details to receive a food donation basket



Teaneck Interfaith Community Friendsgiving Potluck

Nov. 19, 4:30 to 7 pm St. Anastasia Parish 1095 Teaneck Road Click flyer for details



Thanksgiving in Teaneck for Seniors, Veterans, Emergency Service Workers & Families that Need a Warm Meal Free Thanksgiving Day lunch at Rain, 399 Water Street

Thursday, Nov. 23 11 am to 1pm.

Click here to volunteer or attend

Rides are available if needed

Shampoo and body wash being collected for Helping Hands Food Pantry

Thanksgiving food donated by Dougies, Chopstix & Butterflake

Hosted by Dean Kazinci, Elie Y. Katz, Karen McEvoy, Rosiland McLean, & Johanna
Keyser.

Co-Sponsored by Age-Friendly Teaneck, American Legion 128 and Teaneck VFW 1429

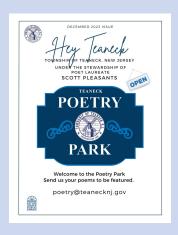
Medicare Open Enrollment Season Continues until Dec. 7

This is the primary time every year when people with Medicare can compare the different plan options and choose the one that best fits their needs. Bergen County SHIP provides free help to Medicare beneficiaries who have problems with or questions

about their health insurance. SHIP counselors are trained expert volunteers.



What's Happening Around Teaneck



Teaneck Poetry Park

A new initiative of the Township and Teaneck's Poet Laureate.
Submission now being accepted.
Click flyer for details.



Teaneck Farmer's Market

Thursdays until November ends
10 am to 4 pm
Garrison Avenue at Beverly Road
Click flyer for details

Need Help? Reach Out to Teaneck's Social Worker

Alex Cerbone, MSW, LSW
Phone: 201-837-1600, ext.1503
Fax: 201-837-5948
Email Social Services
www.teanecknj.gov/socialservices



Office Hours:

Monday - Friday, 8 am to 4 pm
Office Location:
Teaneck Township Municipal
Building-South Entrance
Health Dept-1st Floor

On Wednesdays, he is located on the Upper Level of the Rodda Center in the Medical Outreach offices of the Senior Center for easier accessibility.

Age-Friendly Teaneck is Proud to Be a Member of ...



Check out the alliance's blog about age-friendly issues in NJ

A great place to grow up

Be sure to visit our website and keep up-to-date on local news related to aging.

