



AgeFriendly
TEANECK

www.agefriendlyteaneck.org

Emergencies: 911

Police Dept./Ambulance Corps.
201-837-2600

Fire Dept.
201-837-2086

SOCIAL SERVICES & CARE MANAGEMENT

Teaneck Social Services Specialist
Gloria Andrade
201-837-1600 ext. 1503

**Bergen County Division of Senior
Services Information & Referrals**
201-336-7400

**Jewish Family & Children Services
of Northern NJ**
201-837-9090

Bergen Family Center
201-568-0817

Catholic Family & Community Services
973-279-7100

FOOD ASSISTANCE

Center for Food Action
201-569-1804 ext. 11

Bergen County Meals on Wheels
201-336-7420

Helping Hands Food Pantry
201-715-5179

**Jewish Family and Children Services
of Northern NJ**
201-837-9090

HOME REPAIR AND ASSISTANCE

Volunteer Center Chore Service
201-489-7790

Rebuilding Together North Jersey
201-447-8886

HEALTH AND WELFARE

Holy Name Medical Center
201-833-3000

Vantage Health Systems
201-567-0059

Mental health, addiction, eldercare
services

Good Morning Check-Up Program
Daily phone call to registered
seniors by Fire Department
201-837-2085 to register

**Teaneck Senior Services Center at
Richard Rodda Recreation Center**
201-837-7130

TRANSPORTATION

**Teaneck Senior and Disabled
Transportation Services**
201-837-7130 ext. 7040

**Bergen County Community
Transportation**
201-368-5955

EZ Ride
201-939-4242

**Independent Transportation
Network North Jersey**
201-398-6885

NJ Transit Access Link
800-955-2321

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**RESIDENCES
OF TEANECK**

201-836-3634

EXCEPTIONAL SENIOR LIVING

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