



THE BRIGHT SIDE FAMILY PRESENTS:

COMMUNITY BEGINS AT HOME

RESOURCE & CONNECTIONS FAIR

Thursday April 16th 2:00 – 5:30 pm

Redmond Center at St. Anastasia Church

1095 Teaneck Road, Teaneck

Are you or a loved one hoping to age in place? Join us for a free community event designed to help you live safely, comfortably, and confidently at home. Keep your independence while staying in familiar surroundings. At our Community Begins At Home (CBAH) Resource Fair, you'll connect directly with trusted local organizations and low or no-cost resources offering services and support for older adults and family caregivers.

You will learn about:

- **Home safety and modifications**
- **In-home care and caregiver support**
- **Assistive devices and helpful technology**
- **Vision and hearing support**
- **Local services and social programs**
- **Transportation options**
- **Financial resources and benefits**

Why attend?

1. **Meet local service providers in one place**
2. **Get your questions answered**
3. **Discover resources you may not know are available**
4. **Build a plan to stay independent at home**

**For accommodations, questions, or to RSVP
call 201-530-6756 or email
cbah@agefriendlyteaneck.org and
put "Resource Fair" in the subject line**

The Bright Side Family Nonprofit Organization provides these free services through grant funding from an Inclusive Healthy Communities program of the Division of Disability Services, New Jersey Department of Human Services



Inclusive Healthy
Communities
NJ Division of Disability Services

