

# Safe & Accessible Home Checklist

## Entrances and Exits

- At least one step-free entrance
- Doorways at least 36-inch wide
- Adequate lighting
- Door with peephole, sliding latch or chain & lever-style handles

## Kitchen

- Task lighting at sink & stove
- Accessible cabinets & shelves
- Easy-grasp pulls and handles
- Stove safety controls

## Living Room and Bedrooms

- Furniture arranged to allow wide passageways
- Closets with interior lights and adjustable shelves and rods

**Can't Afford  
Needed Home  
Modifications?**

## Steps and Stairways

- Safe and secure handrails on both sides at appropriate height
- Light switches at top and bottom of stairs
- Automatic nightlights plugged in near stairs

## Bathrooms

- Comfort-height toilet
- Properly mounted grab bars in shower and near tub & toilet
- Lever handles on sink, bathtub & shower
- Non-skid mat or non-skid strips on shower and tub floors
- Shower with handheld feature
- Permanent/removable shower seat

## Throughout the House

- Rocker light switches: 36 to 44 inches from floor
- Electrical outlets: 18 to 24 inches from floor
- Electrical & phone cords run along wall surfaces
- Adequate lighting/automatic night lights
- No scatter rugs or throw rugs
- Area rugs secured with double-sided tape
- Front-loading washer & dryer raised on platforms
- Regularly replaced smoke & carbon monoxide detectors

## These Programs might be able to help you

Community Begins at Home

201-530-6756

[cbah@agefriendlyteaneck.org](mailto:cbah@agefriendlyteaneck.org)

hipcil

201-996-9100

[hipcil.org](http://hipcil.org)

CHORE

201-489-7790

[bergenvolunteers.org](http://bergenvolunteers.org)

Rebuilding Together North Jersey

201-447-8886

[rtnorthjersey.org](http://rtnorthjersey.org)