

**AGE FRIENDLY TEANECK IN COLLABORATION  
WITH TEANECK SENIOR CENTER:**

# **MEN'S HEALTH**

This presentation, in recognition of National Men's Health Month, will cover everyday steps for staying healthy, common health concerns for aging men, and practical tips for maintaining wellness and independence.



*with*

**Salvatore Focella, MD**

Internal Medicine and Primary Care  
Bergen New Bridge Medical Center

**WEDNESDAY, JUNE 10, 2026**

**1:30 PM**

**Teaneck Senior Center**

250 Colonial Court, Teaneck, NJ 07666

**To Register:** Call Teaneck Senior Center at 201-837-0171

For questions, please contact Bill Wright at 201-247-7438

