

Please wear comfortable clothes and sneakers!



ZUMBA DANCE CLASS



- 📍 **Age-Friendly Teaneck Community Center**
1425 Teaneck Rd, Teaneck
- 📅 **Thursday, Dec 12**
- 🕒 **3:00 pm**

**YouTube Video Led By
EJ Vizzi**



Be sure to bring some water and hydrate

Please register as space is limited
RSVP by calling 201-530-6756 or
emailing info@agefriendlyteaneck.org
and put "Zumba" in the subject line